Brockville YMCA: 613-342-7961
Kingston YMCA: 613-546-2647

eo.ymca.ca

Job Posting

Group Fitness Instructor

YMCA of Eastern Ontario

Kingston Branch

Employment Category: Part-time, permanent
Hours: Flexible work schedule, including early mornings, weekends and evenings
Compensation: $18.87 - $25.87 per hour
Job Posting #2026-011
Benefits and Perks: We offer an array of total rewards to recognize loyalty, longevity, and passion for the work we do:

- Free YMCA Health & Fitness Membership
- Professional development opportunities
- Employee and Family Assistance Program (EFAP)

Closing Date: Immediately
This is for an existing vacancy

Our Mission:
The YMCA in Canada is dedicated to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and to the global community.

Our Vision:
Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviours, attitudes, and actions.

Nature & Scope:
Reporting directly to the Supervisor, Fitness, the Group Fitness Instructor is responsible for providing safe, quality instruction to meet the needs of Members.

Responsibilities:

- Provide a welcoming and inclusive environment for members and guests
- Ensure a safe environment for members and guests by routinely checking any equipment and keeping areas clean and well maintained
- Ensure classes start on time and using approved music

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Qualifications:

- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to date of hire, with results acceptable to the YMCA of Eastern Ontario
- Current Intermediate First Aid and CPR-C
- Current Group Fitness Instructor Certification

Competencies:

- Interpersonal skills
- Initiative
- Safety
- Communication

All interested candidates should submit a cover letter and resume, referencing the job posting number to careers@eo.ymca.ca.

YMCA of Eastern Ontario
100 Wright Crescent
Kingston, ON K7L 4T9

We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three (3) professional references.

The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association.

This position has been posted internally and externally